Children, Nature and Health Promotion: open research seminar

Thursday the 12th of April, 13 pm, Steno Diabetes Center Copenhagen (SDCC)

SDCC Health Promotion Research and “Center for Børn og Natur” invite to a research seminar about outdoor play, the role of nature to children and health promotion. Mariana Brussoni from University of British Columbia and Child & Nature Alliance of Canada is visiting Denmark. On the seminar, Mariana will first present findings and experiences from Canada and from her research. Then, three short presentations will introduce perspectives based on Danish research and examples to inspire further discussion about children, nature and health. At the end of the seminar, we will be hosting a small informal session.

Everyone is welcome, but the numbers of participants are limited. Please sign up for the seminar here:

www.survey-xact.dk/LinkCollector?key=MGKPUAWD159P

Program

1 pm: Welcome and short introductions to “SDCC Health Promotion Research”, SDCC and “Center for Børn og Natur”, UCPH
1:15 pm: Mariana Brussoni: Rethinking risk: making space for outdoor play in Canada
2:00 pm: Anne Dahl Refshauge: Designing children’s outdoor environments in the city – examples from Copenhagen Municipality and own research
2:30 pm: Coffee break
2:45 pm: Lærke Mygind: Nature-based health promotion for children and adolescents: a systematic review of interventions, designs and outcomes
3:15 pm: Matt P. Stevenson: The influence of nature experiences on cognitive skills in children with ADHD
3:45 pm: Discussions and closing remarks
4 pm: Refreshments and networking

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